



**Palos Verdes  
High School**

***Welcome Sea Kings!***



# School Overview

1,607 Students

374 Freshmen





# School Profile

California Distinguished School

Gold Ribbon School

Green Ribbon Gold Award

97% College Going Rate

77% to a 4-year

20% to a 2-year

#11 High School in LA County

#10 Sports School in LA County

#2 District in LA County



CALIFORNIA



# School Vision



- \*College-going culture.**
- \*Programs in academics, the arts and athletics that inspire and challenge students.**
- \*Balancing rigorous academics while promoting our students' physical wellness.**
- \*Block schedule allows teachers the time to implement hands-on activities that will prepare our students for college.**



# Block Schedule



- 6 periods divided into alternating days
  - A Days- Periods 1, 2, 3
  - B Days- Periods 4, 5, 6
- A/B Calendar for the year is on the school website: [pvhs.pvpsd.net](http://pvhs.pvpsd.net)
- Zero period meets every day for 55 minutes from 7:00-7:55

# Block Schedule

## Regular Bell Schedule

7:00-7:55	Zero period(55 minutes)
7:55-8:00	Passing(5 minutes)
8:00-9:53	1 or 4(113 minutes)
9:53-10:02	Nutrition(9 minutes)
10:02-10:08	Passing (6 minutes)
10:08-12:12	2 or 5 (113 mins plus 11 mins for announcements)
12:12-12:43	Lunch
12:43-12:52	Passing(9 minutes)
12:52-2:45	3 or 6 (113 minutes)





# Benefits of Block Schedule

- ✓ Time to do real-life, meaningful activities (hands-on projects and labs)
- ✓ More time for student-teacher interaction
- ✓ More time for test taking
- ✓ Prepares students for the longer SAT and AP tests
- ✓ Develops students' time management skills in preparation for college



# Academic Programs

Rigorous college prep courses

22 Honors classes

32 AP courses

AP Capstone Program

Award winning academic and  
elective courses





# AVID

Advancement Via Individual Determination.

196 students participate across four grade levels.

Program seeks to support students in the academic middle with the skills necessary to be successful in college.

Class of 2019

100% applied to a four-year school

100% accepted

80% enrolled in at least one AP or honors class

Yearly college visits



# Signature Programs

- Live from 205
- PVIT
- Triton Yearbook
- The Point
- Tradewinds
- MUN
- Mock Trial
- Open Orchards Productions
- Speech and Debate
- Science Research and Galapagos Islands





# Performing Arts

Marching Band

Jazz Band

Color Guard

Drama

Choreography

Comedy Sportz



# Visual Arts

Drawing and Painting

Ceramics

Photography

Digital Animation





# Counseling and Guidance

Address the whole child

5 counselors

2 Student Support Specialists

Students will have the same counselor during their four years at PVHS

Focus on three areas

Academic planning

College and Career readiness

Personal Social Development



# College Testing Info



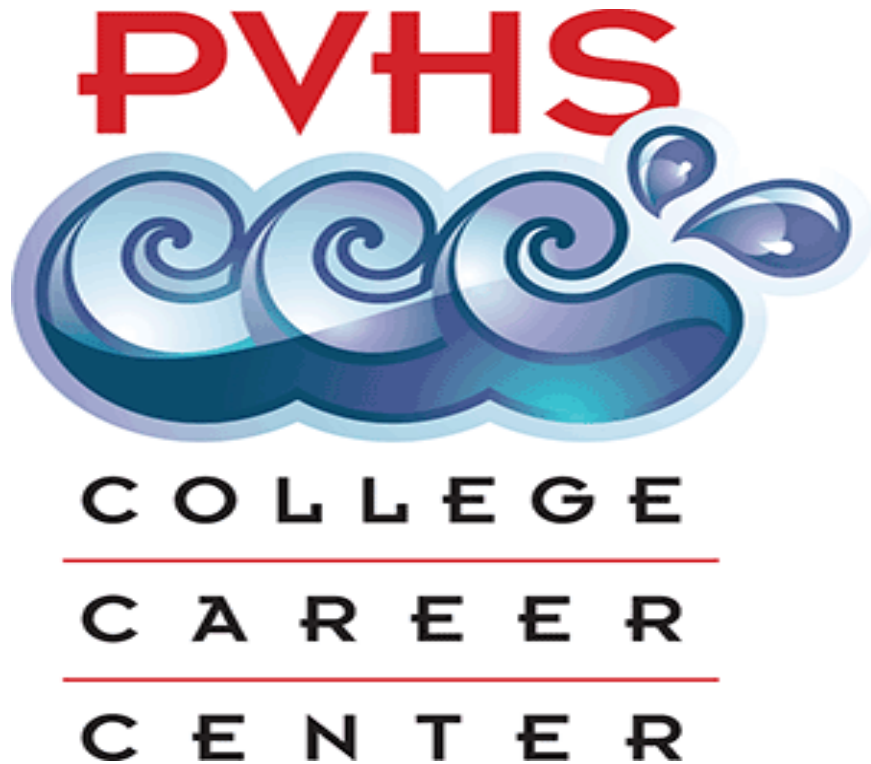
Palos Verdes High School class of 2019 students were admitted to over 335 colleges, including

- All CSUs
- All UCs
- 6 Ivy League Schools
- 7 National Merit Semi Finalists
- 5 National Hispanic Scholars
- 17 National Commended Scholars
- 260 AP Scholars





# College and Career Center



- Provides a wide variety of information and resources for college and career planning
- Meets the information and planning needs for our students & families as they move toward graduation and beyond
- Follow [@PVHSCCC](#)

# PVHS CCC Programs



- Over 150 College Visits
- Out of State College Fair
- College Week (Speakers, Essay)
- Pre-ACT for Sophomores
- PSAT/NMSQT for Juniors
- Parent meetings/Info Sessions
- Naviance (college/career platform)
- College Essentials Toolkit Series
- Scholarship & Financial Aid Nights
- Career Week – Road Trip Nation visit
- Free Practice ACT/SAT exams



# Athletics



- Opportunity to participate in 23 CIF sports.
- Since 2002, PVHS has won 135 League titles, 24 CIF Championships, 32 CIF Academic Team Championships and 5 State Championships.
- Approximately 60% of students participate in athletics



# Scholar Athletes



- Rich tradition of scholar athletes continuing their academics and athletics in college
- Approx. 30+ seniors recognized each year who have committed to continuing athletics and academics at the next level



# Sports by Season



FALL SPORTS	WINTER SPORTS	SPRING SPORTS
Cheer (JV/V)	Basketball Boys (F/S, JV, V)	Baseball (F/S, JV, V)
Cross Country	Basketball Girls (F/S, JV, V)	Golf Boys (JV,V)
Football (F,JV,V)	Soccer Boys (F/S, JV, V)	Lacrosse Boys (JV,V)
Golf Girls (JV,V)	Soccer Girls (F/S,JV,V)	Lacrosse Girls (JV,V)
Song (JV,V)	Surf (V)	Softball (JV,V)
Tennis Girls (JV,V)	Waterpolo Girls (JV,V)	Swim (F/S,JV,V)
Waterpolo Boys (F/S,JV,V)		Tennis Boys (JV,V)
		Track and Field
		Volleyball Boys (F/S,JV,V)



# Student Activities

- Engage Students
- Create a welcoming, spirited environment
- Enriched and involved school community
- Variety of leadership opportunities
  - ASB
  - BTC
  - PAC
  - Over 80+ clubs on campus
- 12 Honor Societies





# Freshmen Activities

- Link Crew Orientation
- Mentoring for 9<sup>th</sup> grade students
- Connect our incoming freshmen to the school
- Club Rush





# Student Wellness

- Mindfulness Class and Center
- Wellness Center
- Weekly Yoga
- Various seminars presented to all students





# Student Connectedness

- Various activities hosted in the library or around campus
- Lunchtime and nutrition rallies
- Field Trips
- Coronation Day





# Parent Organizations



*Since our inception, PEF has raised over **\$49 million** to support PVPUSD students.*



# Communication





# PV High is....

- Family-like Environment
- School Spirit and Positive Culture
- Amazing Academic Programs and Curriculum
- Outstanding and Dedicated Staff
- Strong Extracurricular Programs





# Follow us!

## @PVHS\_Seakings



**Instagram**



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