

Palos Verdes High School

Find Your Wave

Class of 2024



Becoming a Sea King

Freshmen Sea Kings share why they came to PVHS and how they know they belong.



Alina Montalvan

Activities: Song

"My experience at PV High has been fun so far. The pep rallies, the football games, and even the classroom dynamic all contribute to making PV High such a great place to be. The 'family' dynamic here is quite strong and everyone is supportive of one another. The teachers are also really supportive and are willing to help you if you are struggling."



Elijah Huang

Activities: PVIT Vex Team captain, TSA

"My experience at PVHS have been good, as I enjoy my time here with my friends. I like that this school utilizes block scheduling, which makes managing my time a lot easier. Block scheduling is very beneficial to those who struggle with time management, and it allows teachers to go more in depth with the subject they teach."



Tatum Lane

Activities: JV Volleyball captain, Sea Queens, FCA

"At PVHS there are a lot of friendly people and teachers who have made my experience coming from a small private school so much easier. It is a very fun and welcoming place with awesome sports teams and clubs that make school so much more exciting."



Owen Griffiths

Activities: Baseball

"All the staff at PVHS are extremely friendly and always do what is best for students. Teachers want students to learn and make classes extremely enjoyable. Students should come here to be a part of a family."



Alex Donell

Activities: Softball, Chinese National Honors Society

"I came to PVHS because it seemed like a more balanced option for focusing on sports and academics at the same time. Our block schedule is more relaxing and I also love my teachers here. I have met lots new people and have become close to friends I've made in the programs I participate in."



Hayden Fu

Activities: Soccer

"I like how there are so many things you can do here to be included in the community. You can join clubs and do many things at PVHS. You can do athletics, like soccer and basketball. You can run for an ASB position, even president. You can also join clubs, like Spikeball. Others should come here because it is always fun and the staff is very helpful."



Maya Merchant

Activities: Varsity Lacrosse, Be the Change, Project Runway, Sea Queens, FCA

"My favorite part about PVHS is the inclusivity - everyone can be a part of anything they want, whether that be a club or a sports team. The school has so much to offer, and there truly is something here for everyone."

Welcome to Palos Verdes High School, home of the Sea Kings! I am excited to share with you this special edition of *The Point*, which was designed and published by our outstanding student journalism staff. This edition provides our future Sea Kings with a glimpse into what life would be like here at PV High. It also helps to show what makes PVHS extraordinary: our stellar academics, exciting signature programs, winning athletic teams, and various extracurricular offerings.

With over 1,600 students, Palos Verdes High School maintains a small-school, family-like community with a strong emphasis on student wellness. Knowing that student connectedness to school has a direct link to student success, we encourage our students to find their wave, and get involved with something they are passionate about.

Here at PV High, we have something so that every student can find their own wave and be prepared for life after high school. With a strong emphasis on academics, our Advanced Placement program offers 30 AP courses and continues to grow each year. We are one of 1,800 schools across the nation that offer the AP Capstone program for our students which focuses on a two-year AP program that has students conducting research at a college level. We also offer over 20 different honors classes in order to prepare our Sea Kings for AP classes and life after graduation. Additionally, our AVID program supports students by developing academic skills in preparation for the rigor of college. Last year, 100% of our AVID students were accepted to a four-year university. We are also very proud of our comprehensive special education programs, including our Life Skills Center.

Aside from our academics, our signature programs are really what make PV High different than any other school and allow our students to find their passion and their wave. PVIT, or Palos Verdes Institute of Technology, is a nationally recognized STEM program with 13 competition teams. Live from 205 is our student-run news broadcast which was recognized as the nation's best student-run program. Triton Yearbook earned all Columbia Honors- the highest national recognition. Our Model United Nations, Speech & Debate, and Mock Trial teams are all highly competitive and build necessary collaborative skills for our students. Science Research allows students the opportunity to delve deeper into a research project they are passionate about, and students even have the opportunity to travel to the Galapagos Islands to conduct hands on research over the summer.

From Ceramics to Drama, Choir to Marching Band, Dance to Photography, PVHS has outstanding visual and performing arts programs for both the budding and the accomplished student artists. With over 80 student clubs, there is an activity on campus for everyone. All of these signature programs are just a few of our many extracurricular offerings that allow our students to find their wave.

When you become a Sea King, you join our PVHS family - a high-energy, spirited learning community. As you embark on your high school journey, our teachers, coaches, and counselors will teach you the skills and give you the resources to follow your passions and achieve your goals. I look forward to you finding your wave here at PV High and becoming part of the Sea King family!

Go Sea Kings!

Sincerely,
Allan Tyner, Ed.D.
Principal

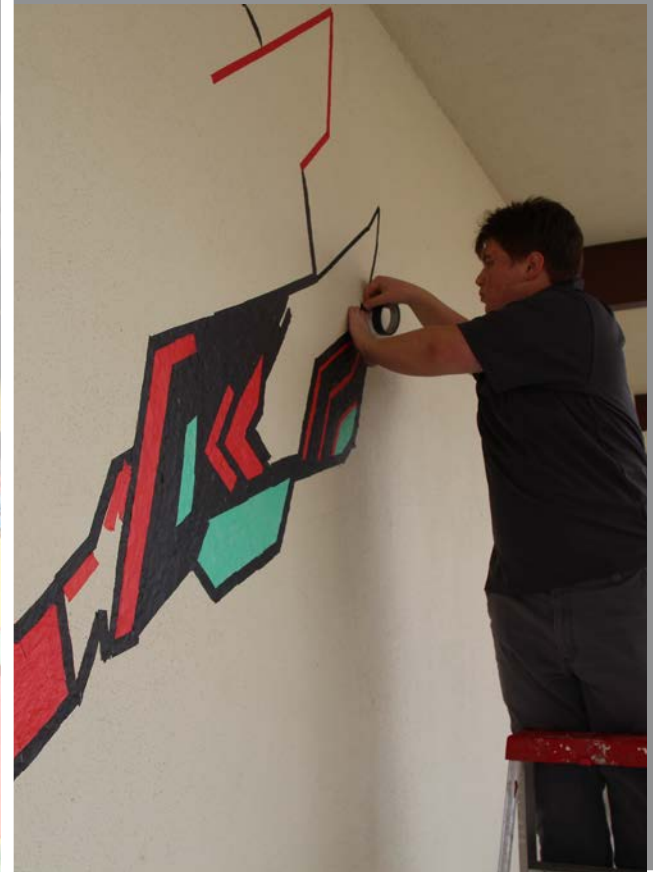
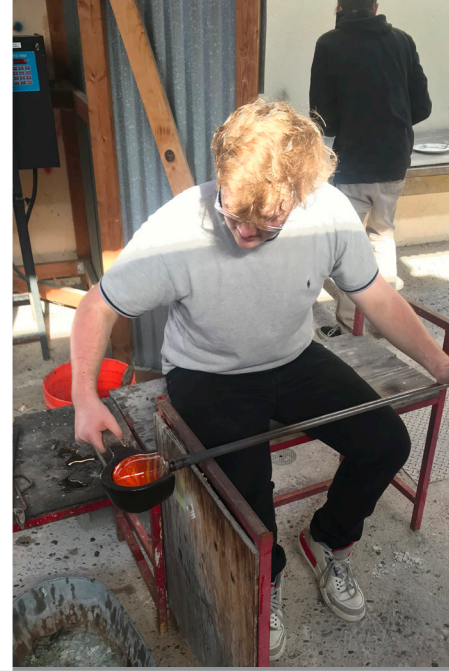


The PVHS 2020 Lookbook was created by *The Point* student newspaper staff. Photos are courtesy of *Point* photographers and Sea King students, teachers, and parents.

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BLOCK SCHEDULE

- Six class periods divided into two alternating days
- A Days –Periods 1, 2, 3
- B Days –Periods 4, 5, 6
- Over the course of two weeks, students attend five (5) A Days and five (5) B Days
- Zero (0) Period meets every day for 55 minutes from 7:00am –7:55am



ADVANTAGES OF BLOCK SCHEDULE

- Classes meet about two hours every other day
- Our block gains more class time by reducing time spent getting settled in and then packing up
- More teacher-student interaction time
- Time to do real-life, meaningful activities
- More time for test taking
- Prepare students to sit for SAT/ACT tests and AP tests
- Develop time management skills necessary for success in college
- In-depth and comprehensive coverage of curriculum
- Time for differentiated instruction
- Time and stress management between A and B day classes

ADVANCED PLACEMENT (AP) PROGRAMS

30
AP courses offered

682
AP test takers

1,375
AP tests taken

106
AP Scholars

70%
AP pass rate

60
AP Scholars with Honor

130
5's received on AP tests

81
AP Scholars with Distinction

13
National AP Scholars





SIGNATURE PROGRAMS

- AVID
- Student Research
- Student Media
- PVIT

AVID

Advancement via Individual Determination

Serving roughly 15% of the PVHS student body, AVID is a 4-year program that targets and challenges the students in the academic middle. PVHS AVID recruits 8th graders who have the determination to go to college and the capacity to complete a rigorous curriculum. In middle school, however, these students were likely falling short of their potential. AVID taps into that potential by providing a challenging curriculum, teaching note-taking and study skills, as well as focusing on time management and organization.

The college readiness curriculum is driven by the WICOR method, which stands for writing, inquiry, collaboration, organization, and reading. One cornerstone of the curriculum is tutorial. Students collaborate, with the aid of a tutor facilitator, to master difficult concepts from their core classes.

College research is integral to the curriculum. Students have the opportunity to take two college trips per year. Each trip catalogs 2-5 colleges. AVID helps each student identify a dream college and work toward attaining admission. College test preparation is emphasized in the sophomore and junior curriculum as students prepare for the SAT and ACT in AVID class. Junior and senior curriculum focuses on college admissions requirements: resume, personal statements, financial aid, and applications.

AVID students enroll in the AVID elective course for four years. Students have the same AVID teacher

“At the beginning of high school, I wasn’t very organized and AVID helped me stay on track with my grades and helped me with finals week. It also forced me to take harder classes.”
~ Steven Finazzo, Class of 2020



and classmates for the duration of high school. Because of this, AVID feels like a family. These dedicated AVID teachers and tutors build unique and enduring relationships with their students. AVID students always know that they have a support system in each other as well as in the teachers and tutors that are committed to the program.

AP CAPSTONE

The AP Capstone program equips students with the independent research, collaborative teamwork, and communication skills that are increasingly valued by colleges. It cultivates curious, independent, and collaborative scholars and prepares them to make logical, evidence-based decisions.

The AP Capstone program consists of two courses that are designed to complement the students’ experiences with other AP courses.

The AP Seminar class gives students the opportunity to investigate real-world issues from multiple perspectives, gather and analyze information from various

resources, and develop credible and valid evidence-based arguments. It is open to students in grades 10-12 and has no prerequisite course work.

The AP Research class cultivates the skills necessary to conduct independent research and inquiry to produce and defend their scholarly research. The prerequisite for AP Research is completion of the AP Seminar class and will only be open to students in grades 11-12.

Students have two options through College Board to earn additional recognition: the AP Capstone Diploma and the AP Seminar and Research

“AP Capstone helps students to explore their passions by allowing them to guide their own research.”

~ Sydney Lyle, Class of 2021

Certificate. Students who earn a 3 or higher in AP Seminar and AP Research and on four additional AP exams of their choosing will receive the AP Capstone Diploma from College Board. Students who earn scores of 3 or higher in AP Seminar and AP Research but not on four additional AP Exams will receive the AP Seminar and Research Certificate.

SUMMER SCIENCE RESEARCH IN GALAPAGOS ISLANDS



Have you ever dreamed of observing the Galapagos Giant Tortoise in its natural habitat? Did you know that there are Marine Iguanas found in Galapagos that are not found anywhere else in the world?

The Galapagos Research Expedition is a summer program that includes a ten day research excursion to Ecuador and the Galapagos Islands that focuses on the ecological niche of organisms through observational studies.

This is an intensive course in the use of field-based and general research methods

related to Galapagos wildlife. The aim of this course is to help participants acquire skill and gain experience in using research techniques and give an in-depth study into the history and biodiversity of the Galapagos Islands. The emphasis of this course is on the collection, management, analysis, and interpretation of data and information about the Galapagos Islands with relevance to evolution, natural selection, and adaptation.

The format of the class will include a range of activities: class discussions of

course readings, collaborative analysis of data, small group exercises, lab exercises, talks by local island naturalists and Charles Darwin Research Station scientists, and lectures by the instructors.

Students collect data on the ecological niche of a selected organism and prepare a written research paper based on their data and observations. Students earn an entire year (10 credits) of high school Science Research credits and can earn an optional 3 units of college credits from Lees McRae College in North Carolina.

SCIENCE RESEARCH

Science Research is an elective Science course for school credits. Science Research is offered as a period 7 course where students meet monthly and by individual conferences with the teacher.

Science Research is a 1-4 year sequential course designed for highly motivated students to advance an understanding of research. Emphasis is on both laboratory and bibliographic research and will cover the Next Generation Science Standards for experimental design.

This course engages students to work in conjunction with research scientists and professionals within their field of work. Students create their own unique investigative question, create a research plan, conduct their own experimentation,

write a research paper, analyze past and present scientific research for scientific methods, and discuss solutions to current dynamic issues.

Students can undertake their independent research in mathematics, life sciences, physical sciences, computers, or social science. Students are taught the process of online bibliographic researching. Students commit to long-term focused research, and initiative, perseverance, and creativity are fostered through the experience.

All Science Research students compete at the local PVPUSD Regional Science and Engineering Fair each Spring. The top 13 projects advance to the LA County Science Fair to compete for awards with the opportunity to advance to the California



State and Intel International Science Fairs. Last year, over 85 PVHS students competed in the PVPUSD fair.

In 2019, the 13 students that competed at LA County’s Science Fair placed honorable mention or higher and of those young scientists, six students advanced to the CA State Science Fair. Two students were selected to compete at the INTEL International Science and Engineering Fair in Phoenix and earned Honorable Mention in their category.

STUDENT MEDIA AND PUBLICATIONS



Open Orchard Productions

Students at Palos Verdes High School employed their creative, technological, journalistic, and writing skills to develop their own radio production organization.

Throughout the year, students interview others, then record and edit their own podcasts.

Students working with Open Orchard Productions have created radio segments that received eight licenses from nationwide radio stations.

Segments are broadcast through their self-created website: openorchardproductions.com.

Atlantic Public Media's group, Transom, awarded Open Orchard Productions with a

"OOP has allowed me to talk freely about subjects I am passionate about, ranging from political issues to high school topics. I love being able to project my thoughts through content that is fun to create and to be able to interview others about their standpoints on that subject."

~ Aya Cohen ('20)

grant and professional advice.

Students also have had the privilege to tour and talk with experts at KPCC and KCRW.



Live From 205

Live From 205 is an award-winning scholastic broadcast journalism program at Palos Verdes High School that has won over a 100 STN Student Awards, three Team Awards and five Excellence Awards – making *Live From 205* the number one high school weekly news show in the country five times.

Live From 205 has also won the Best of Show Broadcast Program at the Journalism Education Association convention.

Scholastic student journalists cover school news, the community, the city, and world events.

Reporters, photographers, writers, editors and producers work together to produce a newscast twice a week. With original reporting and relevant

"My high school experience wouldn't have even been an experience without 205. This program has given me the confidence not only in my journalism skills, but in myself."

~ Renee Moore ('20)

information, *Live From 205* takes pride in being a signature program. The commitment from students, parents, teachers, and administrators keeps the program healthy and progressive.

On any given day at school one will see a 205 Reporter and Photographer in action: interviewing, shooting, editing, rushing to meet a deadline. Please visit www.livefrom205.com to view previous shows.



The Point newspaper

PVHS's journalism class produces seven issues of a 12-page newspaper, *The Point*. The journalism program consists of editors, writers, photographers, illustrators, and a social media team.

All content is determined and created by students. The student-run publication has strong community support, with approximately 200 families subscribing each year and local businesses purchasing ads.

Students hone their reporting skills by conducting interviews and photographing events. They also collaborate with one another to edit and provide feedback on stories. Students practice ethical journalism, with many even updating their articles up until the final deadline.

The journalism staff attends national journalism conventions

"Joining *The Point* has not only improved my writing, but also my leadership and communication skills."
~ Phoebe Lai ('20)

to meet other student journalists and learn more ways to strengthen the publication. Past conventions have been in Washington DC, Seattle, and Dallas. Students not only gain more journalistic experience, but they also get a chance to explore new cities and strengthen their staff camaraderie.

You can read past articles on pvhspoint.org.



Triton Yearbook

The Triton Yearbook is a nationally-recognized award-winning student-run publication dedicated to creating lasting memories for the student body, staff, faculty, and parents of PVHS Students.

The student-run publication features photographers, copy editors, section editors, ad editors, and staff members. All of the artwork and templates are original student work.

The yearbook won the Crown Award and the Gold Medalist Award with All-Columbian Honors from Columbia University Scholastic Press Association, the All-American Award with Five Marks of Distinction from the National Scholastic Press Association, the

Most Outstanding High School Yearbook from the American Scholastic Press Association and the Benny Award from the Printing Industries of America.

Every year the Triton travels to student journalism conventions to learn about new techniques, meet professional journalists and compete for individual awards in media contests. The Triton staff have brought home over 250 awards in the last 13 years of publication. Triton graduates have become editors of literary magazines at Stanford, Harvard and Duke universities and have used their expertise and skills to land internships. The Triton Yearbook is proud to continue in a tradition of excellence.

PVIT

The Palos Verdes Institute of Technology (PVIT) is the award-winning engineering program of Palos Verdes High School.

It is composed of two parts: a program of academic study and Engineering Advanced Projects (a distinguished program of project-based activities), and engineering competition teams.

The PVIT academic program, based on the nationally recognized Project Lead the Way (PLTW) curriculum, is open to all students at PVHS and Engineering Advanced Projects.

The PVIT "club," is open to any PVHS student or 8th grader in the PVPUSD district.

A little background -- after PVHS reopened in 2001, PVIT became the only high school program in the United States to field a DARPA "Grand Challenge" autonomous vehicle. Competing with entries from top universities, such as Cal Tech, MIT, Virginia Tech, and the winning vehicle from Stanford, the PVIT vehicle advanced to the second round of competition.

With this established record of success, the PVIT program evolved further to

offer pre-college engineering courses while continuing opportunities for engineering competitions, internships, mentoring, and research.

Currently, PVIT offers a four-year engineering curriculum starting with Introduction to Engineering and Development, the PLTW capstone course.

The Engr. Advanced Projects program has grown to over 150 students meeting every Sunday to learn and experience hands-on engineering. Students obtain invaluable skills and knowledge while solving real-world problems, often posed through engineering competitions, while being mentored by award-winning teachers and some of the top engineers in our community who have hundreds of years of engineering experience combined.

Where else can a high school student build an electric vehicle; fabricate an underwater robot for marine exploration; program an autonomous ground vehicle guided only by sensors and GPS; launch, track, and recover a high altitude balloon to 100,000 feet above the earth's surface; optimize a solar-powered boat for racing; or design autonomous quadcopters for

search and rescue missions?

First-year PVIT students will experience exceptional hands-on training through PVIT 101, a PVHS-designed curriculum of electronics, robotics, fabrication, and programming.

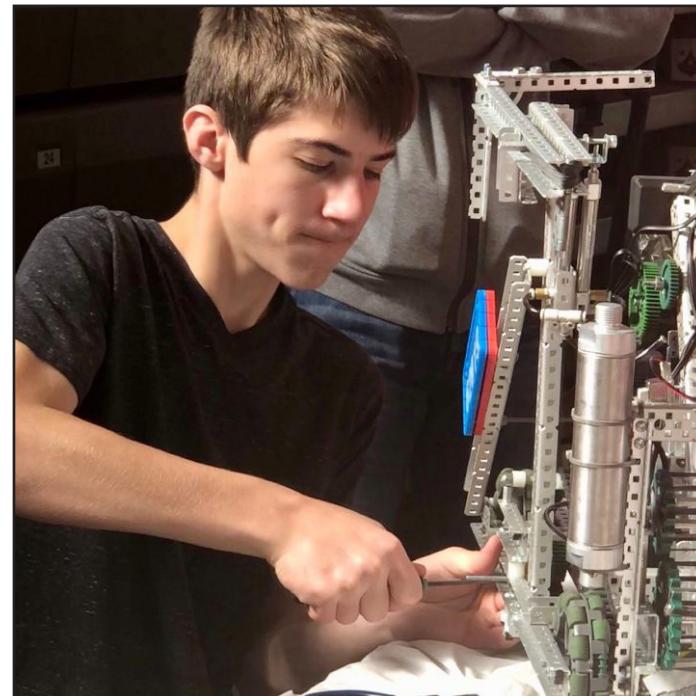
This highly successful course is taught by three engineering mentors with over 100 years of engineering experience combined. PVIT is technically extensive.

Unlike many other high school programs, we have over 15 small to medium-sized teams to excite each students' technical interest and to give all students as much hands-on engineering exposure as possible.

PVIT projects have continued the legacy of excellence by placing in international and national competitions, often against universities or private robotics corporations.

Come join the fun where you can truly experience real-world engineering in a unique environment that is entirely student-centered.

We invite you to stop by any Sunday, 2:00 – 4:30 pm, to see the new ideas and projects we have going on. See PVIT.ORG for our schedule.



Competition Teams

- | | |
|------------------|--------------------------------------|
| BattleBots | Solar Canoe |
| Cyberpatriot | Space Team |
| Electric Vehicle | Unmanned Aerial Vehicle |
| FPV Drone Racing | VEX Robotics |
| First Robotics | Video Game Programming |
| RC Car | Underwater Remotely Operated Vehicle |
| Robomagellan | |
| Rocketry | |

"I think people should join PVIT because it is great hands-on experience in many aspects of life. If you like computer sciences you can do programming and such, and if you want to be an engineer and build things you can do that too."
Alexander Rusich, Class of 2022

"PVIT really brings a lot of likeminded people, especially engineers, together. It gives us a community to explore the industry and jobs that we really want to focus on in the future."
Stephanie Tom, Class of 2020

E DUPLICATION

English
Social Science
Math
Science
Visual & Performing Arts
World Language
Special Education
Academic Programs



ENGLISH

The English Department at PVHS is a proud team of thirteen teachers who lead over twenty-five core and elective classes. English classes range from regular English courses to vigorous college-level courses.

We are committed to preparing students for the diverse literary demands of the 21st century. We support the district BYOD (Bring Your Own Device) policy.

Many students can utilize their own laptops in class to complete online research, collaborate on crafting Prezis, and type their notes. Technology in our English classrooms also includes the use of progressive study tools like Turnitin.com, Kahoot, and other collaborative tools.

Turnitin.com helps teachers

teach students to collaborate online by peer editing essays, and prepare them for college and beyond. Our English teachers, however, haven't forgotten the importance of good old pencil and paper.

Writing, speaking, and thinking skills need hands-on guidance in an equally non-tech classroom environment.

"It's good for students to learn both ways. They don't know the situation they'll be in after high school," said junior year teacher Angie Mogilefsky.

The PVHS block schedule is especially useful to the English department.

"With the two-hour block schedule, I can teach the students new concepts and then have them work together in groups with their devices

to share information and build something they can present in the later half of the class. They not only get to learn in the class, but also process and demonstrate in class," said AP Language and Composition teacher Cindy Damon.

All English courses emphasize careful reading, responsible thinking, and clear, precise expression of ideas. Students study literature representing a broad range of historical and cultural perspectives.

"It's important to intertwine history and culture into literature, because it gives students a perspective of the environment that bore those literary works. As readers and learners, we have to know what was on the minds and what were the authors' priorities during their time," said Damon.

Class List

AP Language and Composition
 AP Literature and Composition
 English 1 Honors
 English 2 Honors
 English 3 Honors
 English 1
 English 2
 English 3
 English 4
 Reading & Writing Skills
 English Language Development (ELD)
 Journalism
 Yearbook



SOCIAL SCIENCE

The History and Social Science Department at Palos Verdes High School is one of the best in Los Angeles County. Every teacher in this department is an experienced teacher with a true love and passion for teaching.

The history teachers hold several advanced degrees and two of the teachers even have Juris Doctorate degrees.

The History and Social Science Department is a highlight of the school.

PVHS is the only public high school in Los Angeles County that offers all nine AP History and Social Science classes, including AP Human Geography and AP Comparative Government.

"AP Comparative Government is a rare AP course only offered at a few public high schools in California," said Social Science Department Lead Louis Harley.

"This international relations course offers students the opportunity to learn about the governments of the United Kingdom, the Russian Federation, the People's Republic of China, Iran, Mexico and Nigeria," he continued.

Additionally, the Palos Verdes International Diploma Program (PVID) is a unique, cross-curricular program that is only offered at PVHS.

Here, students are encouraged to take a series of AP and Honors courses, get

involved with internationally-themed school clubs, and prepare for international careers.

"PVHS is the only high school in the South Bay area that puts an emphasis on and additional graduation certification for Global Studies, (PVID).

"In the 21st century, students will need to understand international geography, economics, politics and cultures in order to be prepared for their future in a globalized world," said Harley.

"At PVHS, students have the unique opportunity to gain this essential learning that will be necessary for their futures," he said.

Class List

AP World History
 AP European History
 AP US History
 AP Microeconomics
 AP Macroeconomics
 AP US Government
 AP Comparative Government
 AP Human Geography
 AP Psychology
 Comparative Religion
 World History Honors
 World History
 US History
 Economics/Government
 Women's Studies
 Advanced Religion/
 Philosophy
 Psychology
 Sociology



MATHEMATICS

The mission of the PVHS Mathematics Department is to provide a world-class learning experience for all students and to provide those students with the mathematical knowledge necessary for success in college and in all aspects of their lives.

Part of the success of our students is due to PVHS's block period schedule. It allows for more instruction time, more teacher-student interaction time, and more time for test preparation.

"Block scheduling allows teachers to use a variety of activities that encourage conceptual understanding, such as explorations, chapter openers, real-life applications, and of course direct instruction," said Department Lead Cynthia Mitchell.

"Students have time to work in class while their teachers are walking around to monitor their progress and to insure

that students are attending to precision."

The PVHS Mathematics Department has created a fully comprehensive math program that addresses the needs of every individual student.

From Algebra to Advanced Calculus, the PVHS math curriculum covers every area of high school mathematics, and also includes non-traditional courses in Statistical Analysis and Engineering.

Our outstanding mathematics faculty, which includes several Masters Degrees, provide a rigorous set of Advanced Placement and honors courses.

The department also boasts an award-winning Math Club that participates in competitions at Pepperdine University, CalTech, and Cal State University, Long Beach.

Students also benefit from a number of extra-curricular

math programs, including Math Competition, The Bay Math League, the California Math League, the Mandelbrot Contest, and the American Mathematics Competitions. We also have an active membership in the national mathematics honor society, Mu-Alpha-Theta, where students can join and receive national recognition.

The PVHS Math Department has always benefited from the generous support of PVHS Academic Boosters in providing professional development through attending various math conferences throughout the year.

As we proceed further with the implementation of the CAASPP training on instructional strategies and testing strategies, this will become an integral part of maintaining the success we have already experienced.

Class List

AP Calculus AB
 AP Calculus BC
 AP Computer Science
 AP Computer Science Principles
 Advanced Calculus
 AP Statistics
 Algebra II Honors
 Geometry Honors
 Pre-Calculus Honors
 Essentials of Algebra
 Algebra I
 Algebra II
 Algebra II MCR
 Geometry
 Geometry MCR
 Statistics
 Pre-Calculus
 Pre-Calculus with Limits
 Calculus
 FTS

SCIENCE

Along with the usual core science classes - chemistry, biology, and physics - the Science Department also offers engaging and relevant elective courses such as Marine Biology, Anatomy and Physiology, and Science Research.

The block schedule allows students to efficiently and effectively conduct numerous in-depth inquiry laboratory investigations.

"We are able to conduct experiments in one class period that would take four to five days to complete with one hour class periods. Because our students are in the lab designing and conducting experiments and writing full lab reports, our students are well prepared for science lab courses in college," said Biology teacher Julie Munoz.

Biology students are introduced to DNA technology and explore the methods

scientists use to create biotechnology medicines.

Anatomy and Physiology prepares students for careers in the health sciences and allows them to discover the 3D relationships of structures through dissection. Marine Biology goes whale watching and tide pooling every year, and focuses on how we affect the oceans and how they affect us.

"Whale watching and tidepooling are ways to apply information learned in the classroom to the real world. It is important for students to actually see what they are learning. They also gain additional valuable information from being in the environment of the ocean. It is a different world, and the only way to understand it is to go there," said Marine Biology teacher Marta Wood.

Science students at PV are also given opportunities to help

their community.

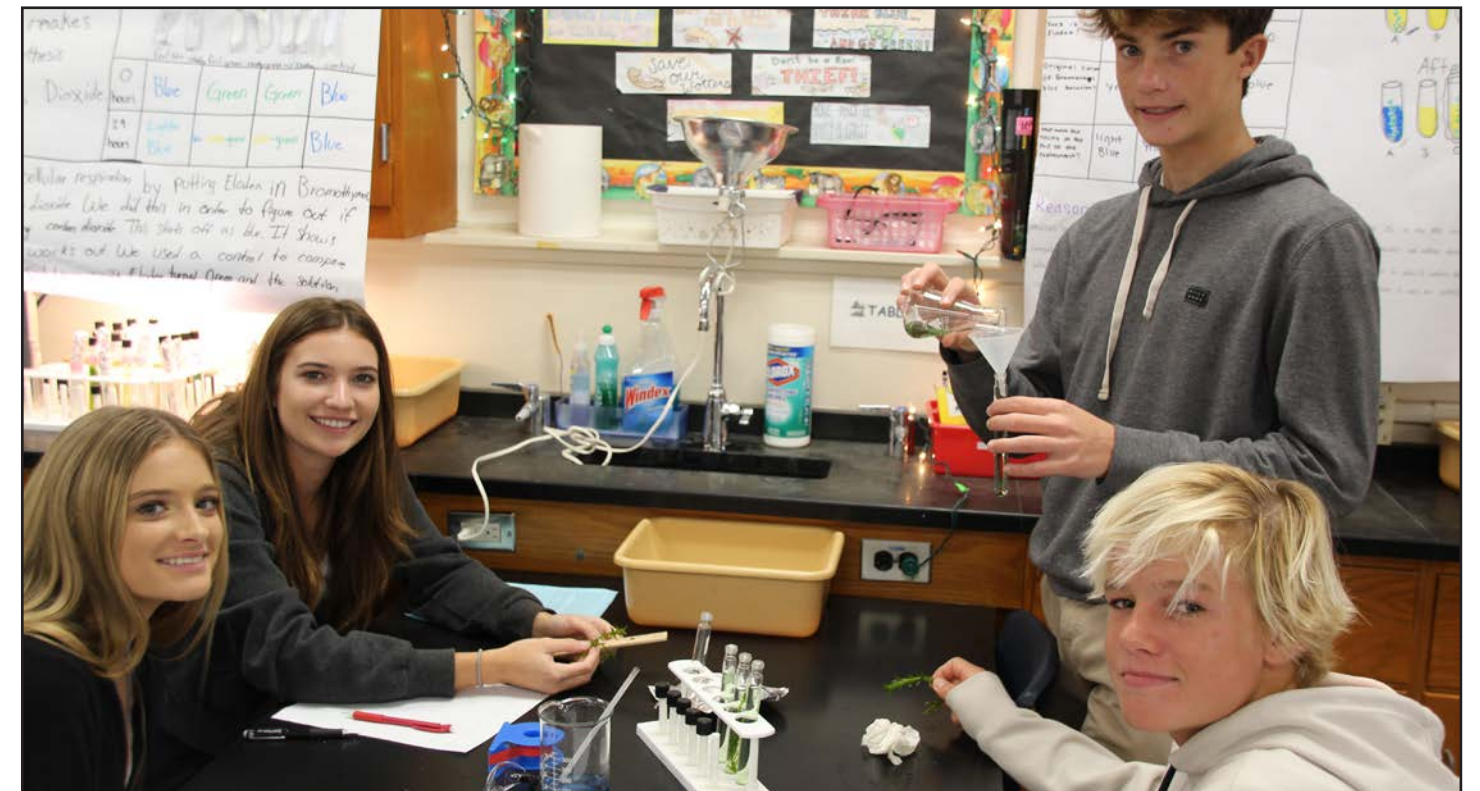
Students from AP Environmental Science, Marine Biology Honors, and Science National Honor Society participate in the Surfrider's Foundation's Teach and Test Program, which provides students the opportunity to conduct valuable fieldwork that also provides a great service to the community.

Science National Honors Society students go to local elementary schools and present demos and hands-on activities for Science Field Days.

With advanced technology and amazing teachers, the Science Department at PVHS provides an academically stimulating and challenging environment for learning and doing science. There is something for everyone here in the Science Department at PVHS; whatever your passion, we have a pathway for it.

Class List

AP Biology
 AP Chemistry
 AP Physics I
 AP Physics II
 AP Physics C
 AP Environmental Science
 Biology Honors
 Chemistry Honors
 Marine Biology Honors
 Anatomy & Physiology
 Anatomy Honors
 Life Science
 Biology
 Biology II
 Earth Science
 Chemistry
 Marine Biology
 Physics
 Science Research



THE VISUAL AND PERFORMING ARTS

Class List

AP Studio Art 2-D
 AP Studio Art Drawing
 Glass Blowing
 AP Studio Art 3-D Design
 Ceramics
 Digital Animation
 Drawing and Painting
 AP Art History
 Digital Photography
 Video Production
 Broadcast Journalism
 Visual Design in Print
 Publications

The Visual and Performing Arts Department is among the most comprehensive and diverse to be found in most any high school, public or private. All courses are UC/CSU approved.

At the introductory level, course offerings include: Ceramics, Drawing & Painting, Animation, Photography, Video Production, Drama, Jazz Orchestra, PE Band/Marching Band, Choreo, and Dance.

At more advanced levels, the department offers specialized curriculum in AP Art History, as well as AP Studio Art 2-D and 3-D, and Glass Blowing; *Live from 205*; AP Music Theory;

Concert Band; Musical Theater; and Choreo.

Students are able to advance to second, third, and fourth year courses in Animation, Photography, Drawing & Painting, Video, Ceramics, Dance, Orchestra, Jazz, and Drama.

Our faculty is committed to the belief that an education in the Visual and Performing Arts can be grounded in tradition while geared toward innovation, can foster both discipline-centered and interdisciplinary activity, and can achieve a fusion of informed dialogue, practice, and production.



Sea King dance includes P.E. Dance, Intermediate Dance, and Choreo.

Students have the opportunity to study and perform many genres of dance including hip hop, lyrical, contemporary, jazz, tap, ballet, modern, and world dance.

Choreo and Intermediate dancers work with professional choreographers and master teachers. Auditions are held in the spring for the following school year.

You can also step into the spotlight with our award-winning Drama Department. Offering courses in both

Drama and Musical Theater, our Theater Arts classes help to build confidence, creativity, and communication skills.

Beyond the classroom, our Drama Department offers a wide range of performance opportunities such as the Fall Play, Spring Musical, Musical Theater Showcases, Theater Festivals, Thespian Club, ComedySportz, and more!

More interested in working backstage? Join stage crew and work with professional mentors in scenic design, lighting, sound, and costumes. For more information, please visit www.pvhsdrama.com.

Class List

Choreo Dance
 Intermediate Dance
 Drama
 Musical Theater
 Advanced Orchestra
 Orchestra
 Concert Band/
 Marching Band
 Drum Line
 Color Guard
 Jazz Band
 AP Music Theory
 Literary Publications



WORLD LANGUAGES

The World Language Department offers students the opportunity to learn Chinese, French, Korean, and Spanish languages.

Our Chinese, French, and Spanish programs have classes ranging from 1-4, including Honors and AP levels.

Additionally, the Spanish MCR (meets college requirements) program also offers two years of classes for students who wish to fulfill the language requirement in a slower paced environment.

The department has a dynamic, creative and experienced faculty of 11, including native speakers of Chinese, Korean, and Spanish, and most having also earned master's degrees.

We also give 8th grade students the chance to accelerate their language skills by taking zero period classes in either French, Chinese, and Korean.

These students are welcome to join a regular high school class and get on track for the five-year programs.

The block schedule also allows for a more immersive learning environment.

The longer class periods give students time for more oral and written practice, listening activities, group projects, and presentations.

It is ideal for using a variety of activities to differentiate learning.

Having students in class for a longer period of time also prepares them for longer classes at the university level.

Students have a wide variety of choices when it comes to learning a new language at Palos Verdes High School.



French

The French program is a complete four-year program: French 1-4, French 3 Honors, and French 4 AP.

Students will develop their understanding of spoken French, in addition to writing and reading in the target language.

Students will also become culturally aware of France and the vast number of French-speaking countries throughout the world. In French 3 Honors, students become eligible to join the French Honor Society. All students are encouraged to participate in French Club.

All students have the opportunity to host a French exchange student for three weeks in the summer.

The French program also looks to offer students the opportunity to take a summer trip to France and Spain with Spanish language students so they can experience the French culture firsthand.

Spanish

The Spanish program is a five-year program. The third year offers an accelerated paced Honors class, while the fourth year is an AP Spanish Language with college credit.

There is also a college credit-granting fifth year of AP Spanish Literature.

During the fourth and fifth years, students can also opt to take regular level Spanish classes.

To cater to different levels of Spanish, there are remedial MCR programs for the second and third years.

The Spanish program also offers students the opportunity to participate in a two-week immersion program in the northern part of Spain. This is available based on student interest each year.

The Spanish program prides itself in incorporating multiple aspects of the Spanish-speaking culture, including food, music, art, celebrations, and traditions.

Chinese

The PVHS Chinese program is a five-year program.

Students learn simplified Mandarin and traditional Mandarin is accommodated.

Students learn to demonstrate their level of language proficiency through three communicative modes (Interpersonal, Interpretive, and Presentational).

Student-centered performance tasks are also used to make students' learning more effective and more interesting.

Authentic classroom celebrations for Chinese traditional holidays and field trips to Chinese communities provide life experiences to all Chinese language students.

National Chinese Honor Society creates opportunities to all PVHS students to learn about Chinese culture by hosting Chinese Movie Day and Chinese Culture Day.

Besides offering free tutoring to lower level students, NCHS also offer free conversational sessions with AP students.



Korean

Palos Verdes High School offers a full Korean program from Korean I to Korean 4 Honors.

The Korean courses are student-centered and driven by multiple projects to learn linguistic and cultural components which include, but are not limited to, K pop videos, dramas, food, fashion, visual art, and performances.

We invite professional instructors to share such activities and cultural fundamentals as traditional Korean drum, folk art, and more to cultivate their multicultural background.

Students have the opportunity to organize activities such as K-food day, to share the Korean culture with the entire school. Students can also join the Korean Honor Society and Korean Culture Club.

PVHS is one of the top high schools with these opportunities for students of the Korean language.

SPECIAL EDUCATION

Class List

Spanish I
 Spanish II
 Spanish II MCR
 Spanish III MCR
 Spanish III Honors
 Spanish III
 Spanish IV
 AP Spanish Language & Culture
 Spanish V
 AP Spanish Literature & Culture

Korean I
 Korean II
 Korean III
 Korean III Honors

Chinese I
 Chinese II
 Chinese III Honors
 Chinese III
 Chinese V
 AP Chinese Language & Culture

French I
 French II
 French III Honors
 French III
 French IV
 AP French Language & Culture



PVHS supports the inclusion of special education students into general education classes.

Special education teachers teach collaborative English and Science classes on campus, as well as direct instruction through Reading Writing Skills (RWS) 1, 2, 3, 4; Essentials of Algebra A and B; Consumer Math; World History, US History, Government and Economics; and Guided Study.

All students in special education are able to enroll in the Guided Study course to build study skills and work on assignments for core courses.

Options are available for students working toward a diploma or a Certificate of Completion.

As part of students' IEP Transition Plans, college and career awareness goals and/or job coaching are included to help students prepare for post-secondary opportunities.

The PVPUSD Life Skills Center is designed to serve students with special needs ages 18-22.

The Life Skills Center strives to provide a high-quality service to our non-diploma track, post-secondary students.

The goal of the program is to facilitate the individual student's successful transition from high school into adult life within the community.

The PVPUSD Life Skills Center focuses on the five essential areas derived from the Education Code, which are key to a successful transition to adult life.

These areas are addressed within the curriculum: Functional Academics, Vocational Skills and Employment, Community Based Instruction, Independent Living Skills, and Recreation and Leisure.

Academic Programs



English Language Development

The PVHS English Language Development program is individualized and has evolved based on the needs of the PVHS student population.

We offer ELD levels 1, 2 and 3 within a single two hour block class period at a low (5:1) student-teacher ratio, that focus on reading and writing strategies using Longman's Keystone series and Focus on Grammar texts. In addition, students develop listening, speaking, and writing skills.

English Language Learners (ELL) are fully included in a grade level, college preparation program, based upon the belief that English learning students are best served while

supported in general education courses with qualified CLAD teachers using supplemental language support and proven instructional strategies with the assistance of the credentialed English/CTEL ELD teacher.

EL students are monitored for grades on a quarterly basis to provide support as needed. PVHS provides ELL's a school environment which fosters physical and emotional security, encourages community involvement, and focuses a school climate that creates opportunities for student engagement. ELL's are also monitored each semester to ensure that their reading fluency and comprehension.

NHS and CSF

National Honor Society is a nationally recognized organization highlighting our most stellar Sea Kings.

The group recognizes junior and senior students who show achievement in scholarship, leadership, service, and character.

All NHS students must participate in community service throughout the year as well as assist in supporting The Painted Turtle, a camp based in the Los Angeles area which provides a fun camp experience for children with serious illnesses.

The California Scholarship Federation, or CSF, is a state-wide organization that honors outstanding high school

students for their academic achievement. Eligibility for semester membership is based on the previous semester's high school report card.

A total of ten (10) points are required, with points assigned for "A" and "B" letter grades, and the applicability of coursework determined by the state CSF organization.

Active membership requires service and donations to identified CSF supported organizations.

Students that continue active membership through their senior year are eligible for Sealbearer status and scholarship opportunities.

students for their academic achievement. Eligibility for semester membership is based on the previous semester's high school report card.

Library

The PVHS Library supports standards-based research across the curriculum with a focus on information and digital literacy.

The library is a place where all students can benefit from personalized one-on-one support in research, book selection, technology, writing, and more.

We focus on supporting student resilience, responsiveness, and responsibility.

Vibrant and dynamic, our library strives to connect students to current, varied, and reliable sources.

24/7 student access to eBooks and scholarly databases expand the library beyond the physical, reaching our learners when and

where they need them.

Through modeling and conferencing, we push through moments of difficulty, working with students toward earned successes and growing future-readiness skills.

Our library is a communal place in which students study, learn, collaborate, relax, and create.

Open every day, 7:00-3:30, we offer both a full-time credentialed teacher librarian and clerk, new titles monthly, eBooks, databases, research support, reader advisory, and activities to both stimulate and relax the mind (book clubs, chess, puzzles, making, and more)!

Visit us at seakinglibrary.com!

College and Career Center

PVHS provides a unique and carefully planned college-career pathway for students beginning in their freshman year.

The goal of the PVHS CCC is to give the Sea King community a wide variety of information and resources for college and career planning. The CCC looks to meet the information and planning needs for our students as they move toward graduation and beyond.

The CCC provides a comfortable environment where students can obtain information on two- and four-year colleges and universities, college entrance exams, application procedures, and so much more.

Every year the CCC welcomes more than 175 college

representatives to our campus to visit with our Sea Kings!

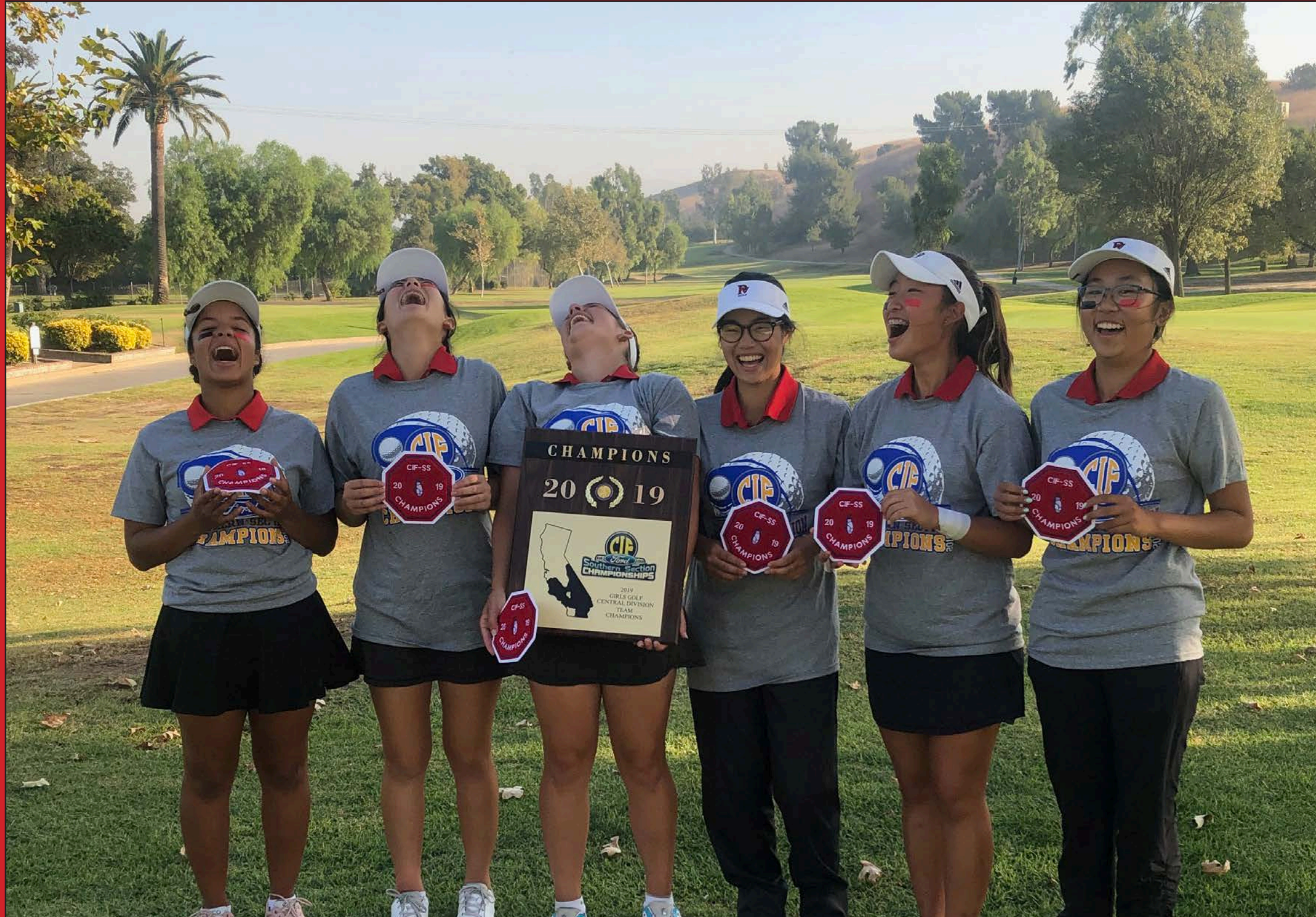
The Center has material on community based and national scholarships, financial aid information, as well as tools for investigating careers and/or college major planning.

The CCC hosts free events for students/parents throughout the year, and students are welcome to stop by the CCC during lunch or after school to utilize the resources or may schedule an appointment to speak with staff.

In collaboration with the academic counselors, the CCC works to ensure a comprehensive college going culture for all PVHS students!

A THLETICS

Sports List
Scholar Athletes
Coaches





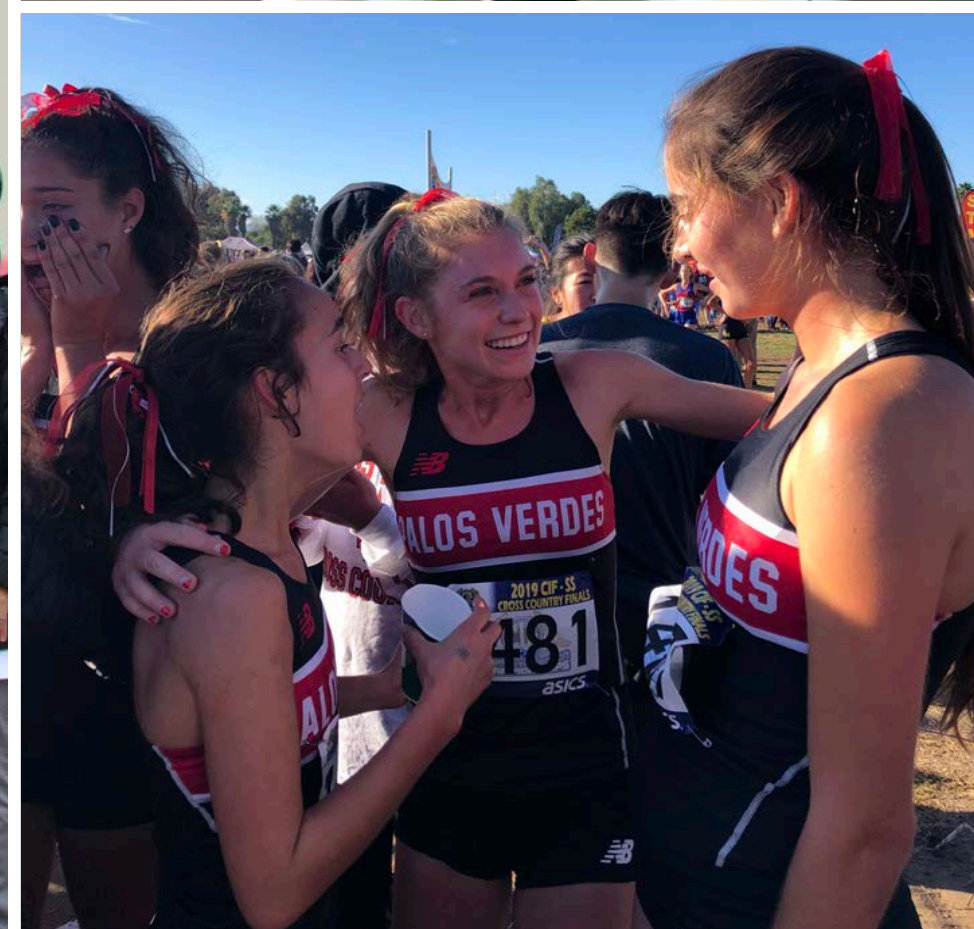
ATHLETICS ABOUND

Since 2004, the first year of varsity competition, the athletic program at Palos Verdes High School has developed into one of the strongest in the South Bay. The keys have been great coaching, excellent facilities, and strong school spirit.

Private fundraising has enabled PVHS to install a new pool, a synthetic stadium field, a new all-weather track, and a beach volleyball facility. The crowning jewel of the athletic facility, the stadium field, was completed in the fall of 2011 and includes new seating accommodations for both home and visitor spectators, as well as a new press box and filming deck.

The turf was replaced in 2017 and is the finest playing surface in the South Bay. There have also been significant facility improvements with the gym, tennis courts, baseball field, and softball field. The weight room is one of the finest high school strength facilities in the South Bay, and there is also an outstanding training room manned by two highly qualified trainers.

At Palos Verdes High School, athletics are a very important part of the high school experience.



SINCE 2004, PVHS ATHLETIC TEAMS HAVE WON ...

At least one league championship in 22 of its 24 sports offerings

132 League Championships

23 CIF Championships

5 State Championships

31 CIF Academic Championships

Fall Sports

- Cheer
- Choreo & Dance
- Color Guard
- Cross Country
- Football
- Girls' Golf
- Girls' Tennis
- Girls' Volleyball
- Boys' Water Polo
- Marching Band
- Song

Winter Sports

- Boys' Basketball
- Girls' Basketball
- Boys' Soccer

Spring Sports

- Baseball
- Boys' Golf
- Boys' Lacrosse
- Girls' Lacrosse
- Softball
- Swimming
- Boys' Tennis
- Track
- Boys' Volleyball

Julian Alessi

VARSITY FOOTBALL
CLASS OF 2020

When Julian Alessi tried out for the PVHS Football team his freshman year he discovered his love and passion for the sport, made the varsity team, and got called up to play in playoffs. He has been on the team for all four years of his high school career.

During his sophomore year he felt that with hard work and dedication, he could become a very successful player. Alessi's junior year was filled with many accomplishments and new opportunities.

"I won offensive mvp and special teams mvp for the team, too," said Alessi.

By the end of his junior year he was talking to many college coaches and eventually committed the UC Davis. The coaches, football team, and school overall were all factors that had Alessi fall in love with UC Davis.

"It was a really cool experience and the whole process of getting recruited. It was really nerve-wrecking talking to college coaches," said Alessi.

He received offers from UC Davis, Idaho, Montana, University of San Diego, and preferred walk on at USC.

Though getting unfortunately injured his senior year, he was able to continue being a strong captain and good example for his team.

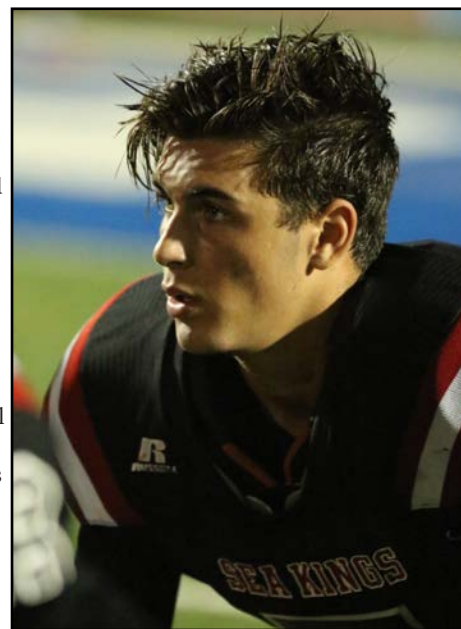
"I would try and individually coach and go up to players help them out and tell them what they could do better, mostly for the receivers and DB's because that's the position I play," said Alessi.

His love and determination for the game is a tremendous positive quality that he brings to the team and brotherhood.

"I feel like it's the ultimate team sport it's like you're literally going out for battle. The feeling before a game is unexplainable. It's just super awesome," said Alessi.

He'll be playing for the prestigious UC Davis and it's football team and is undecided for his major and may want to pursue sports medicine or real estate.

"I just really love the game. Even though I couldn't play this year I'm excited that I'll have four more years in college to play, and that is a blessing," said Alessi.



SAVANNAH SCRIVEN

VARSITY CROSS COUNTRY
CLASS OF 2020

Palos Verdes High School Cross Country runner Savannah Scriven has been on Varsity Cross Country since freshman year. She attributes her success to a strict practice and work ethic as well.

"I have a good coach, but success comes from just doing what he says, not slacking off. When you're out on the road, he's not going to know if you don't do the running. Even then, everyone could put in the work and not necessarily have the results," Scriven said.

The physical training before races is not the only thing that prepares Scriven - she also works to embrace the mental aspect of cross country.

"What helps [before races] is having a different mindset where I recognize that nervousness overwhelming me because of the fact there's something hard coming. At the same time, I'm excited about it. So not letting the race scare me is really important," she said.

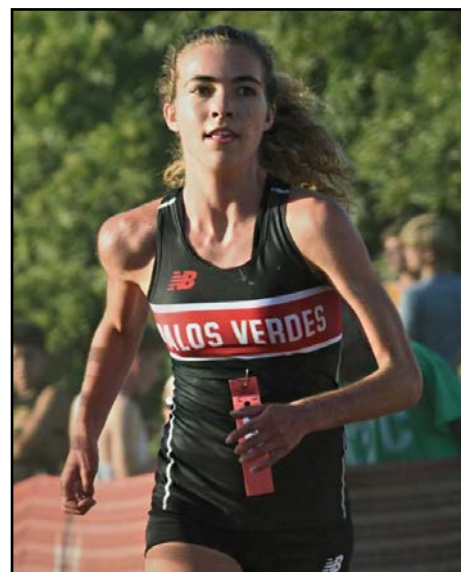
Scriven believes she has grown significantly since freshman year. Scriven looks back to her training and remarks changes in the team and her contribution.

"I think freshman year we had one of the best teams. I was still a part of that, but sometimes more toward back end. Now, I'm more confident. I remember thinking freshman year, that'd be so scary to be the top people on the team," Scriven said.

Scriven has run since she was a freshman and remarks on her growth and team support throughout the years.

"I thought being the top person would feel like you have the whole weight of the team on your shoulders. But now I realize every person counts and I share the number. But that doesn't stress me out, it's not like I'm not carrying the team. Every single person on the team is carrying it together," Scriven said.

Scriven is set to run in college and currently is in the process of committing. She has had an extraordinary season so far and more great things are sure to come in future races. We wish her best of luck in her future running endeavors throughout this year and in college.



PV COACHES



Guy Gardner - Football

Coach Gardner has been coaching football for over 30 years, and just finished his 11th season as a Sea King. In addition to being the head football coach, Gardner is also a beloved history coach.

"I've always loved sports and how it mirrors life - all the lessons learned from it - and in particular football," said Gardner. "So, I just wanted to help kids find those same lessons that have helped me."

Besides using his platform as a coach to help players learn life lessons, he also loves watching his players improve on and off the field.

"I think the greatest accomplishments are just watching how each season/team gets to come together and write their own story. Each team has a unique story, yet it is their story that will influence the next season's team," he said.

"I am blessed to have a great staff that shares the same goals and works so hard to give these kids the best chance to succeed on and off the field."



Tecia Barton - Football & Girls' Golf

Coach Barton has been the Get-Back Coach for the Varsity Football team since 2005 and has been the Girls' JV Golf coach since last fall.

When she was first hired in 2002, when PVHS reopened, she took on many responsibilities, including coaching-related ones in football.

"As I became ingrained into the sport, I became further invested into my students," she said. "By seeing and interacting with my students outside the classroom in a different forum, I am fortunate to really get to know the student or the athlete as an unique individual."

Barton truly looks to get to everyone not only as a student, but also as an athlete and person. She strives to help all students become the best version of themselves in all aspects of their lives.

"My favorite thing about coaching is inspiring student athletes, whether the lady golfers or the varsity male football players, to push themselves to the next level of excellence, which includes not just skill and ability, but industry, integrity, and resilience," she said.



Brian Shapiro - Cross Country

Coach Shapiro has been the Varsity Cross Country coach for the past 14 years, in addition to his duties as PVHS Athletic Director.

"I ran cross country and track & field when I was in high school and I loved my coaches. They were very influential figures in my life. I could think of nothing cooler than to get to teach and coach like they were doing when I grew up. Combine that with a life-long love of running and it was an easy choice," he said on his decision to become a coach.

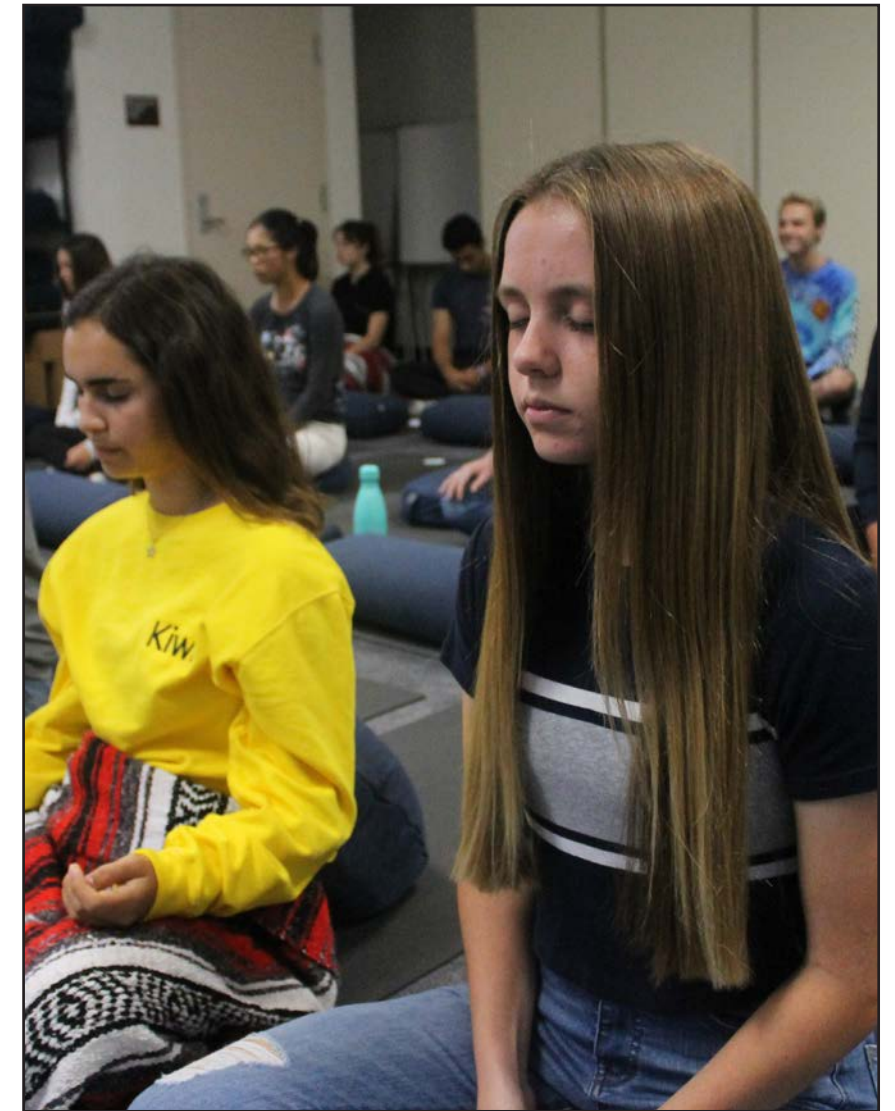
Shapiro has been integral in creating a successful cross country program. In the last 11 years, the teams have won 11 CIF championships and 5 state championships. However, his favorite part of being a coach is the personal interaction with student-athletes.

"My favorite memories are the time spent out running on the roads and trails each day. The conversations we have while running and the bond created while out there logging the many miles brings me the most joy," he said.



KINDNESS

Wellness Program
Mindfulness
Counseling
ASB
Link Crew
Coronation Day
Be The Change



Wellness Program

The Palos Verdes High School counselors, faculty, and staff understand the importance of supporting our students' social and emotional needs. It is essential for students to be healthy and balanced in all aspects of their lives in order to reach their full potential.

PVHS has created school-wide programming to educate our students on meaningful ways to implement wellness in their daily lives.

We believe wellness is an active process of helping our students become aware of and make choices towards a healthy and fulfilling life.

In addition to a comprehensive wellness program, PVHS has established a Student Wellness Center which is run by the student

support specialists and provides students with wellness education.

It is our goal to educate our community on a variety of topics that impact teens, provide resources to assist in creating a more balanced lifestyle, and develop healthy coping skills.

Examples of the Wellness Center programs include mindfulness workshops, peer mentor training, aromatherapy, healthy snacks, and substance abuse counseling through the Thelma McMillan Center.

We are continually working to expand the programs based on student needs.

As a school community, we believe this is a critical component to helping our students develop on their path through high school and beyond.

Counseling

Based on the National Standards from the American School Counseling Association, the Palos Verdes High School Counseling Department utilizes a whole-child counseling approach.

We believe in supporting every student throughout high school to ensure a positive four-year experience.

We advocate for students in all areas of their life from personal/social issues to academic support to college and career guidance.

The counseling department staff is made up of five full-time counselors and two student support specialists (SAGE Licensed Therapists), one College and Career Center Counseling specialist, and one Coordinator of Scholarships and Financial Aid.

The student-to-counselor ratio at PVHS

is approximately 320 to one, with caseloads divided alphabetically so that counselors can work with their same students throughout their four years of high school.

The counselors place an emphasis on students maintaining a healthy balance throughout their time in high school.

Our goal is to assist students in becoming healthy, happy and balanced individuals who are able to advocate for themselves as they become successful citizens of the world.

PVHS also actively promotes a college-going culture on campus, providing a unique and carefully planned college-career pathway for students beginning in their freshmen year.

Mindfulness

Palos Verdes High School is one of the few public high schools in the State of California to offer a year-long, for-credit, UC-approved Mindfulness course, "Introduction to Mindfulness."

Mindfulness is deliberately paying attention to what is happening around you and within you - in your body, heart and mind. It is awareness without criticism or judgment.

PVHS is at the forefront of an important movement focused on emotional resilience, stress management, and well-being. This experiential course introduces mindfulness, the science surrounding it, and careers associated with it.

Students will develop a personal mindfulness practice for stress resilience and learn to improve self and social

"Mindfulness has given me the tools to see the bigger picture in life. It allows me to really appreciate the smaller things because they add up to the big things. It helps me stay grounded and in the present, and I have learned to focus on myself."

~ Madison Ticknor

awareness, relationships, and decision making.

Well-being is a skill that can be learned. Students will engage in evidence-based practices that are selected to cultivate well-being.



Coronation Day

Coronation Day is a day-long orientation program providing all students with information and motivation to get their school year off to a successful start on the first day of school.

Last school year was the first year that Coronation Day extended beyond freshmen and included all students.

Students participate in a variety of activities and workshops regarding school rules, personal responsibility, social responsibility, the summer reading book, and more.

Every student receives their class T-shirt for future use on spirit days and class competitions.

At the end of the day, students come together again for a schoolwide pep rally at the football field. Student leaders go through school chants with everyone to create a spirit of unity and fun.

The day is a high energy and positive experience that sets the tone for the rest of the school year.

Link Crew

Link Crew is a high school transition program that welcomes freshmen and makes them feel comfortable throughout the first year of their high school experience. Built on the belief that students can help students succeed, Link Crew trains members of the junior and senior classes to be Link Leaders. As positive role models, Link Leaders are motivators, leaders, and teachers who guide the freshmen to discover what it takes to be successful during the transition to high school and help facilitate freshman success.

The Link Crew high school transition program provides the structure for freshmen to receive support and guidance from juniors and seniors.

Link Crew begins with a powerful orientation day the week before school begins that makes freshmen excited and allows them to begin developing relationships and strategies that will contribute to their high school success. Leaders connect with their freshman groups throughout their first year of high school.



Be The Change

The Be the Change (BTC) leadership class is a branch of the Associated Student Body (ASB) at Palos Verdes High School.

Student leaders focus on activities aimed at enhancing the school culture and creating a positive and welcoming environment for all Sea Kings, emphasizing the creation of an open atmosphere where diversity, acceptance, communication, collaboration, and tolerance are paramount.

The activities generated by the BTC class include Red Ribbon Week, Yellow Ribbon Week, Diversity Week, Packages for Patriots, Wellness Week, student birthday acknowledgements, new student lunches, and other various community service, awareness events and educational activities.

PVHS BTC is the originator of Remember the Tritons, an annual community fundraiser held in February to raise money in support of various cancer research organizations in honor of current Sea Kings battling this disease and in memory of a past Sea King and all Sea Kings who lost their lives too soon.

ASB

ASB stands for Associated Student Body. Every student at PVHS is a member of the student body.

The Associated Student Body at Palos Verdes High School is governed by the ASB Student Council.

Consisting of 40 students, this class creates, implements, and oversees all student activities at PVHS.

Student activities range from pep rallies and dances to school-wide community service events.

The purpose of each activity is to engage students and create a welcoming, spirited, enriched, and involved school community at Palos Verdes High School.

In addition to campus wide events, the ASB Student Council also oversees over 70 student-run organizations on our campus. Some of the traditional events that ASB creates and students look forward to every year are Homecoming, Winter Formal, Class Competitions, the Annual Lip Dub, Prom, and Graduation.



I

nvolvement

MUN

Mock Trial

Red Tide

Speech and Debate

PVHS Clubs

MOCK TRIAL

Since 2004, Mock Trial has been a staple academic extracurricular program at PVHS.

Mock Trial is a challenging and competitive program in which students meet biweekly and prepare both sides of a criminal case for the purpose of interscholastic competition. Mock Trial provides an incredible hands-on class transforming the classroom into the courtroom for the student who is interested in careers in law, administration of justice and psychology.

As one of 150 schools in Los Angeles County that participates yearly in the National Constitutional Rights Foundation Mock Trial program, PVHS has reached the elite group (top 8) and top (16) multiple times and the quarterfinals one time.

Individual accolades have been constant as well. Each year PVHS takes home individual awards, including Defense Attorney of the Year, Bailiff of the Year, and top expert. Such awards are awarded only to one student out of close to a thousand participants, who exemplify the skills, demeanor, and disposition of a courtroom participant, be it a criminal defense attorney, prosecutor, or adverse witness.



MODEL UNITED NATIONS



Model United Nations (MUN) is an international program that allows high school and college students to debate global issues in mock United Nations committees at conferences throughout the state and country. MUN helps make students aware of global issues and teaches students how to come up with solutions for any number of issues in the world today.

PVHS MUN students participate in conferences at UCLA and UC Berkeley, among others. PVHS students enrolled in MUN earn social science elective credits and are also able to satisfy requirements that go toward earning the prestigious Palos Verdes International Diploma.

“I like MUN because it gives you a voice in political issues that you would otherwise not get to express. It’s a fun experience that has a lot of great opportunities and helps you build your public speaking skills,” sophomore Will Sasaki said.

SPEECH AND DEBATE

The speech and debate program is unique because it creates a team atmosphere that must operate in a classroom setting and in a tournament setting. This UC-approved course helps prepare students for engaging in both speech and debate.

Specifically, speech is an individual event that allows the students to dig deep into a topic of their interest and share their passion. Students prepare their speeches and practice it in preparation for participating in multiple tournaments.

Debate forces the students to look at and argue for both sides of a current issue, and therefore they must research and propose

means of improvement. The Western Bay Forensic League provides timely topics for students to research and prepare to debate students from 20 high schools in the greater Los Angeles area in monthly tournaments.

The Forensics Team as a whole provides a platform for the students to speak their mind, advocate for social improvement, and persuade others’ perspectives. Through this program, the students: expand their research abilities, develop deeper analysis for topics, learn how to express their ideas in an organized manner, understand the necessity to adapt their message to their audience, establish a delivery style that conveys their personality while growing their

professionalism, strengthen their listening skills and evolve their aptitude to immediately respond in a debate, gain confidence to speak in front of others, and apply critical life skills that go beyond the classroom. Despite living in such a progressive world, students are being taught less and less the importance of engaging with others who think differently that they do. This program prevents individuals from surrounding themselves with only like-minded people and allows for them to have tough conversation about the hard hitting questions. Through the Forensics Team, we can truly come to agree on a resolution to these concerns and ultimately change our worldview and the world itself.

RED TIDE



The Red Tide is the largest student organization on our campus and is led by several captains that help promote school spirit, pride, and schoolwide philanthropy. Red Tide gear is designed and sold annually, and is a staple in most Sea Kings’ attire. Red Tide utilizes the money raised from these sales to support the spirit items for our athletic events such as shaker poms, spirit beads, confetti cannons, and rally towels. The Red Tide organization also provides support to a variety of activities on campus including promotion for the Skechers’ Walk, financially backing the annual Scholar Quiz competition, and organizing a schoolwide community service event in the spring semester. Red Tide is an integral part of the Sea King Community and adds an exciting atmosphere to the events at PVHS.

SEA KING CLUBS

Palos Verdes High School students have created over 80 different clubs on campus! There is a place for everyone to explore their passions, discover new interests, and build great relationships. From social clubs, political clubs, community service clubs, and special interest clubs, the possibilities are seemingly endless.

Whether you want to further human rights with the Coalition for Advancement of Rights and Equality or GSA, partner with special needs students in the Friendship Club, raise money for the Make-A-Wish Foundation with Project Runway, or eat sweet treats with the Chocolate Chip Cookie Club, there is a club for you at Palos Verdes High School.



NEXT LEVEL

Palos Verdes High School prides itself on the achievements of each graduating class. With a dedicated teaching staff, counselors who go above and beyond, a College and Career Center that provides valuable resources, a strong PTSA and Booster Club, and more, students have everything they need to be successful as they move forward after high school.



THE GRADUATING CLASS OF 2019

96%
Matriculated to 2- and 4-
year colleges

265
Million dollars of merit and
athletic scholarships

87%
of the AVID class attending
a 4-year university

17
National Merit Commended
Scholars

335
Colleges offered admission
to PVHS students, including
every CSU, UC, and six Ivy
colleges

33
Students earned distinction
of Valedictorian

5
National Hispanic Scholars

7
National Merit Semifinalists

Graduating a Sea King

Senior Sea Kings share their favorite PVHS experiences and how PV's culture, teachers, and opportunities have shaped their lives going forward.



Kyle Ahn

Activities: Co-President of CARE, Board member of PVOW, President of PVHS Young Democrats, Editor-in-Chief of Humans of PVHS, News Editor of The Point

"Through the outstanding support and education of our world-class teachers, my perspective on the world has been changed forever. The mentors, role models, and inspirational folks that I met here at PVHS helped me grow to be a man who values listening to new ideas, organize the trajectory of my life, and evolve what I know, while questioning the unknown. This amazing institution has taught me how to truly empathize, respect, and have compassion for all the people around me. I realize that being at this one-of-a-kind school is the most consequential and fundamental chapter of my life."



Kate Kresser

Activities: President of Thespian Club, Drama, Be the Change, Spanish National Honor Society, CSF, English National Honor Society, National Honor Society

"I have loved my time at PVHS. I have made friendships that will last a lifetime, formed connections with amazing teachers and mentors, and gained so much knowledge about the world and about myself. I think the best part about PVHS is the fact that students aren't limited. PV has amazing academics, amazing athletics, and amazing arts, and students can participate in and thrive in all areas. I will always look back on my years at PVHS as ones that are full of support, learning, growth, and the most wonderful people I've ever met - whether they be students, teachers, or staff. I came in a nervous, shy freshman and grew into a knowledgeable and confident human, ready to take the things I've learned here with me for the rest of my life."



Kody Nelson

Activities: Drama, Thespian Club, AVID

"At PV, everyone here is so connected, even the faculty and students. Everyone is there for each other and there is so much support. The drama department was like my second family, not just because I was there almost every day, more than I was at my own house. They were my family because we really grew together and have become friends for life because of the program. I know I'll always have them there, throughout college and more. I know other programs, like football and PVIT, have that same feeling."



Gabriella Rudy

Activities: Live From 205 anchor, ASB President, The Point, Project Runway, NHS, CSF

"There aren't words to describe how amazing my experience at PVHS has been. This school not only provides the tools for its students to succeed academically, but also in whatever extracurriculars they're part of. PVHS has helped me grow as a person because of the life lessons I've learned here, as cheesy as that sounds. Throughout my four years, I've learned how crucial it is to be a balanced person and how to make time for activities (and study sessions) that are important to me."



Dane Dawson

Activities: Varsity Basketball Captain, Live from 205 Writer, NHS Vice President, Senior Class President, Link Crew, Spanish National Honors Society, FCA Class Leader

"If students want an environment where the teachers and staff want them to learn and succeed, then PVHS is the place. Our combination of school spirit and excellent teachers makes the perfect formula for a great high school experience. PVHS gave me the ability to find my passions, whether it be ASB, basketball, or 205, and just excel in them. My confidence has immensely grown in my four years here."



Izzie Lanes

Activities: AVID Site Team student representative, AVID leadership student representative, PVOW board member, CSF, WISE (Women in Science and Engineering) Club

"My experience at PV has been extremely rewarding. I've had teachers that have kept me engaged and challenged, I've made meaningful friendships both through classes and extracurriculars, and thanks in part to the phenomenally supportive staff, I've been able to help make veritable improvements in my school community. This school has taught me how to collaborate and made me more understanding of the people around me. It has raised both my academic and emotional intelligence, and I couldn't be more thankful for that."



Carter Harrigian

Activities: Be The Change, Model United Nations, Cross Country, Boys' Soccer

"The atmosphere that the school creates really makes it feel like you matter and belong here. As an eighth grader I was on the fence about where I was going to go, and I know I made the right decision. The school isn't huge, but it has all the opportunities and clubs that a 3,000-kid high school would have. The teachers know all the students and I truly believe that every individual student here has their own identity. Nobody is 'just another student.'"

IMPORTANT DATES

OPEN HOUSE 2020

Wednesday February 5, 2019

6:00 pm - 7:15 pm

Held in Sea King Park, MPR, and Various Classrooms

7:15 pm - 8:00 pm

Held in PVHS Gym

PRINCIPAL'S FORUM

Q&A Session with Principal Dr. Tyner

January 10 @ 8:30 am

January 22 @ 8:30 am

Held in College & Career Center (Room 318)

SPECIAL EDUCATION FORUM

Q&A Session with Special Education Department Lead

February 6 @ 5:30 pm

Held in College & Career Center (Room 318)

For further information go to pvhs.pvpusd.net

Photos: *The Point*, PVHS Staff and Community
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