# Welcome to Palos Verdes High School

Principal's Forum



Dr. Trista Ramirez, Principal



Mr. Jason Ito, Associate Principal



Mr. Dane Hill, Associate Principal



Mr. Brian Shapiro, Athletic Director



Mrs. Jama Maxfield, ASB Director

#### Meet Our PVHS Team



- Connected Community
- Individualized Opportunities
- Balanced Approach
- College Going Culture
- The Sea King Family

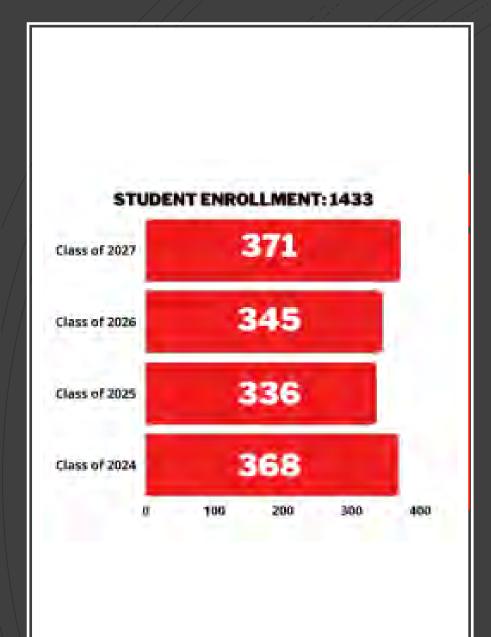
Palos Verdes High School

Small School Feel,

Big School

Opportunities









#### PVHS By the Numbers

#### School Profile

95% of the Class of 2023 were UC eligible

94% of the Class of 2023 Matriculated to College/University

75% to a 4-year 24% to a 2-year

5% Indicated Other Plans (Gap Year, Military, Vocational School, Workforce)

**5National Merit Semi-Finalists** 

19 National Merit Commended Scholars

237 AP Scholars







### What makes PVHS special?

Award winning academic and elective courses

- 21 Honors classes
  - 32 AP courses
- AP Capstone Program

Signature Programs

Visual and Performing Arts



Signature Programs

Live from 205

PVIT

Triton Yearbook

The Point

**Tradewinds** 

**Mock Trial** 

**Model United Nations** 

**Open Orchards Productions** 

Speech and Debate

Science Research



#### Performing Arts

Marching Band Color Guard

Orchestra Jazz Band

Drama Comedy Sportz

**Choreography Team** 

#### Visual Arts

**Drawing and Painting** 

**Ceramics** 

Surfboard Shaping

Photography

**Digital Animation** 







#### **AVID**

Advancement Via Individual Determination.

206 students participate across four grade levels.

Program seeks to support students in the academic middle in intermediate school with the skills necessary to be successful in college.

Class of 2023

100% applied to a four-year school

100% accepted

86% enrolled in at least one AP or honors class

Yearly college visits



#### **Block Schedule**

	MON	TUES	WED	THURS	FRI
WEEK 1	A	В	A	В	A
	0, 1, 2, 3	0, 4, 5, 6	0, 1, 2, 3	0, 4, 5, 6	0, 1, 2, 3
WEEK	В	A	В	Α	В
2	0, 4, 5, 6	0, 1, 2, 3	0, 4, 5, 6	0, 1, 2, 3	0, 4, 5, 6
			- 61		

6 periods divided on alternating days

A Days -

Periods 1, 2, 3

B Days-

Periods 4, 5, 6

- Zero period every day for 55 minutes at 7:30 am
- School Starts at 8:30 am

#### **Benefits of the Block Schedule**

#### **Students Benefits**

- Supports for social-emotional health
- Creates opportunities for balance
- Reduces academic stress
- Preparation for college class length and extended focus tests like SAT/ACT and AP Tests
- Opportunities for more comprehensive and engaging activities, labs, or simulations

#### **Instructional Benefits**

- Perfect structure set up for a complete lesson
- Anticipatory set that builds on prior knowledge
- New Content Delivery
- Activity/Project-Based Learning/Group work
- Assessment
- Time for differentiated Instruction
- Time to give legitimate practice assessments that mirror the summative assessments students get from the College Board



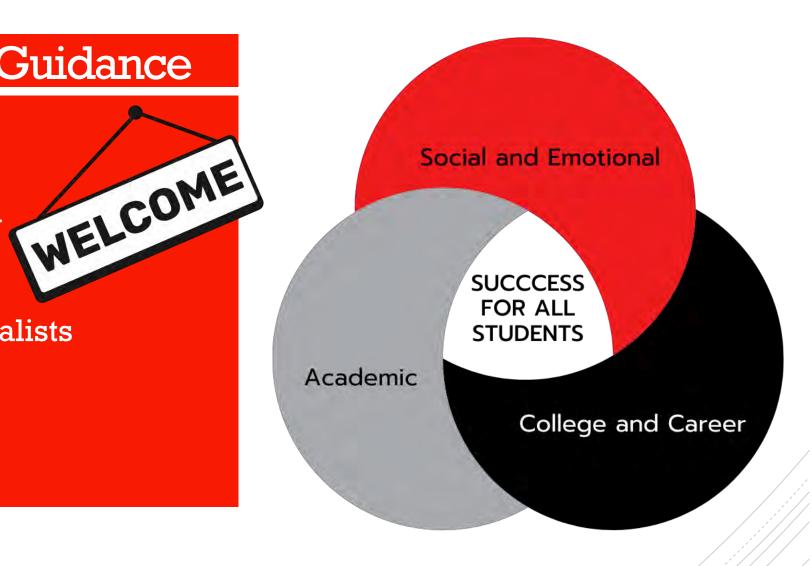
#### Counseling and Guidance

Address the whole child

5 counselors (285:1)

2 Student Support Specialists

2 School Psychologists



#### Student Wellness

Individual Counseling
Group Counseling
Mental Health Awareness
Collaboration w/Counselors

Stress and Anxiety Management
Suicide Prevention Lessons
Crisis Intervention
Resource Connection





#### College and Career Center



- Advisement on Post-Secondary
- Resources for College
- Scholarships
- Financial Aid
- College Visits/Presentations

Mrs. Joanne Lewis

Director

lewisja@pvpusd.net

Mrs. Teresa Hoffman
Scholarship & Financial Aid
hoffmant@pvpusd.net



#### PVHS CCC Programs



- Over 150 College Visits this Fall
- STEM / Visual/Performing Arts / National
   & International Virtual College Fairs
- College Week (Speakers, Essay review)
- PSAT/NMSQT for Juniors/ Practice PSAT for Sophomores/Schoolinks for Freshmen
- Mock Interview Sessions
- College Knowledge Series Fall
- College Essentials Toolkit Series Spring
- Scholarship & Financial Aid Nights
- Case Study- College Application Review with Admissions Officers
- Drop-in & meetings by appointment

#### College Admissions Stats





Palos Verdes High School class of 2023 students

were admitted to over 250 colleges, including

- All CSUs and UCs (which were applied to)
- 4 Admitted to Stanford
- 7 of the Ivy League Schools





















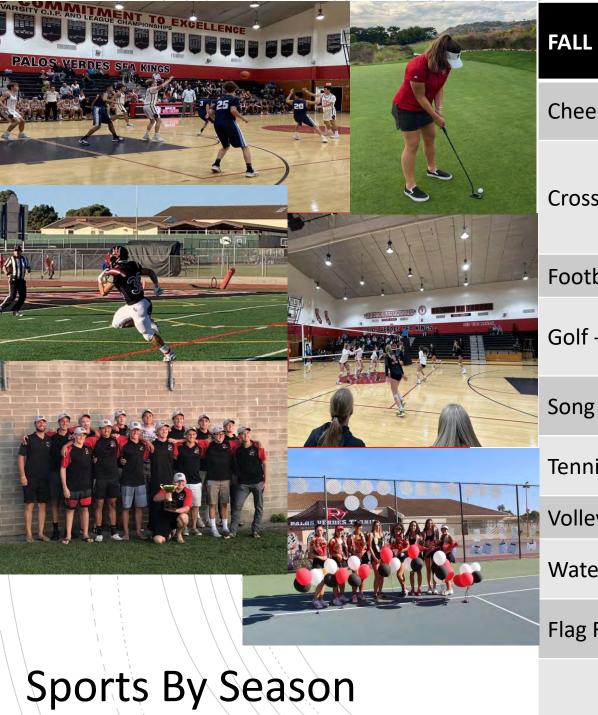
#### Scholar Athletes

 Rich tradition of scholar athletes continuing their academics and athletics in college

 Approx. 30+ seniors recognized each year who have committed to continuing athletics and academics at the next level







#### **FALL SPORTS WINTER SPORTS**

**SPRING SPORTS** 

Cheer Cheer

Baseball --- Boys

**Cross Country** 

Basketball --- Boys

Basketball --- Girls

Beach Volleyball – Girls<sup>+</sup>

Golf---Boys

Lacrosse --- Boys

Softball --- Girls

Tennis --- Boys

Football

Golf --- Girls

Lacrosse --- Girls

Tennis --- Girls

Surfing

Water Polo--- Girls

Swim

Track & Field

Soccer --- Boys

Soccer --- Girls

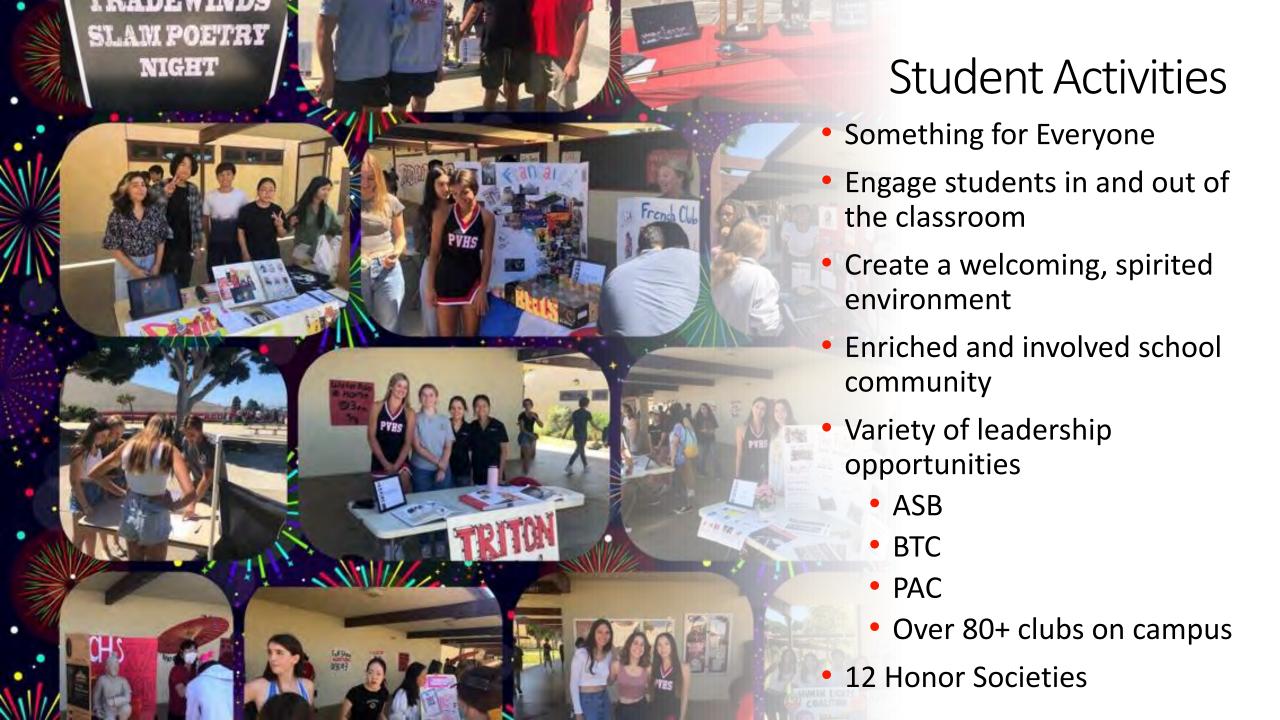
Song

Volleyball --- Girls

Water Polo --- Boys

Flag Football – Girls

Volleyball - Boys



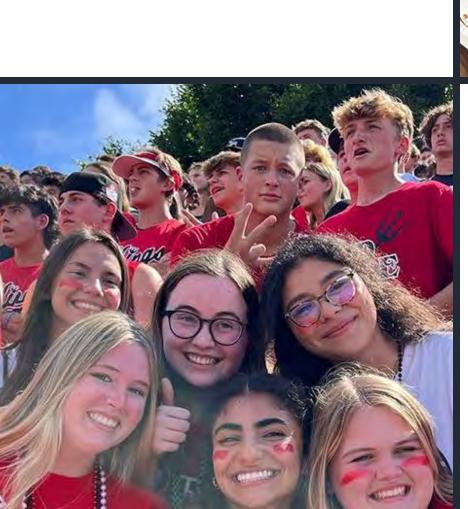


#### 9th grade Activities

Goal: Connect our incoming freshmen to the school

- Link Crew Orientation
- Mentoring for 9th grade students
- Club Rush
- Sea King Seminars

#### Student Connectedness







- Spirit Days
- Special Interest Clubs
- Theme Weeks
- Dances and Formals
- Pep rallies
- Community Events and more!









#### Parent Organizations

## PV High is....

#### Contact Us

- Dr. Trista Ramirez
   Principal
   ramirez@pvpusd.net
- Mr. Jason Ito
   Associate Principal, Counseling and Special Ed itoj@pvpusd.net
  - Mr. Dane Hill
     Associate Principal, Discipline, Athletics,
     Facilities
     hilld@pvpusd.net

#### Family-like Environment

- School Spirit and Positive Culture
- Amazing Academic Programs and Curriculum
- Outstanding and Dedicated Staff
- Strong Extracurricular Programs



# Follow us! @ PVHS Seakings



Instagram



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